

# Dance Fit - 2017 Timetable

TIME	MONDAY Windmill Hill Hall	TIME	TUESDAY Windmill Hill Hall	WEDNESDAY Windmill Hill Hall	THURSDAY Windmill Hill Hall	FRIDAY Windmill Hill Hall	SATURDAY Windmill Hill Hall	TIME	MONDAY St Catherines Hall	TIME	WEDNESDAY St Catherines Hall
10:00 am	Toddler Fun					4 & Under	Toddler Fun				
10:30 am	4 & Under					4 & Under	10 & Under				
3:20 pm	8-10&Under	3:20 pm	6 & Under	10 & Under	6 & Under	12 & Under		3:20 pm	6 & Under	3:30 pm	4 & Under
4:00 pm	14 & Under	4:00 pm	8 & Under	12 & Under	8 & Under	14 & Under		4:00 pm	8 & Under	4:00 pm	6 & Under
4:40 pm	15 & Over	4:40 pm	10 & Under	15 & Under	12 & Under	15 & Over		4:40 pm	10 & Under	4:40 pm	
5:20 pm	TAP	5:20 pm	12 & Under	15 & Over	15 & Over			5:20 pm	12 & Under	5:20 pm	
5:50 pm		6:00 pm	15 & Under	Open Group	Zumba (6:10pm)			6:00 pm			
		7:00pm	Zumba Toning (6:50pm)		Open Group						

## TEACHING TEAMS 2017

Session	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	Megan& Natalie				Megan & Natalie	Natalie & Megan
Afternoon	Michelle & Laurel Tam, Nat & Maddy (SCH)	Megan & Keelie	Laurel & Keelie Alex & Abby (SCH)	Megan & Laurel Open (Laurel & Nadia)	Megan & Michelle	

## AGE GROUPS BY DAYS

AGE GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	AGE GROUP
4 & Under	10:30am		3:30pm		10:00am 10:30am		4 & Under
6 & Under	3:20pm	3:20pm	4:00pm	3:20pm			6 & Under
8 & Under	3:20pm 4:00pm	4:00pm		4:00pm			8 & Under
10 & Under	3:20pm 4:40pm	4:40pm	3:20pm			10:30am	10 & Under
12 & Under	4:00pm 5:20pm	5:20pm	4:00pm	4:40pm	3:20pm		12 & Under
14 & Under	4:00pm		4:40pm		4:00pm		14 & Under
15 & Under		6:00pm	4:40pm				15 & Under
15 & Over	4:40pm		5:20pm	5:20pm	4:40pm		15 & Over
Open Groups			6:00pm	7:00pm			Open Groups



# CLASS DESCRIPTIONS & COST

CLASS	DURATION	COST	DESCRIPTION
<b>TODDLER FUN</b>	25 minutes	<b>\$5 per session</b> (no booking required – payment on entry)	The Toddler Fun program is a fantastic introduction to dance and music concepts. This class involves fun activities involving singing, music and movement. A parent / guardian must attend the class with the child and be actively involved.
<b>4 &amp; UNDER</b>	30 minutes	<b>\$90.00 per term</b> (Students must be booked into a class)	The 4 & under class are a fun way of introducing your child to the concept of dancing and being involved in a class group independently. The classes teach children body awareness, co-ordination, rhythm and basic dance moves. Classes are packed with fun activities and dances to music related to this age group. Students in the 4 & under class must be 3 years of age before they start in a structured class independently.
<b>TAP</b>	30 minutes	<b>\$90.00 per term</b> (Students must be booked into a class)	Tap class teach rhythm, coordination, basic tap terminology and choreography. The class caters for beginner and advance students in the one class with two teachers on class.
<b>DANCE FIT CLASSES</b>	40 minutes (senior classes run for 55 mins)	<b>\$100.00 per term</b> (Students must be booked into a class)	Our popular Dance Fit classes are high energy classes where students can have lots of fun learning a variety of jazz dance styles. Students learn techniques such as how to kick, turn and jump, plus find their own groove and work on fitness at the same time! Classes include a warm up, technique and routines to put their new moves into practice. The classes are fun, promoting body awareness, co-ordination, technique, flexibility, strength and fitness. There is no pressure on students and lessons are about having fun and enjoying the dance experience.

- Term Fee Accounts will be issued at the beginning of each term and payable in full by 30 days.
- A minimum term booking deposit of \$20 is due at the end of each term to guarantee your child's placement for the upcoming term. The deposit is deducted from the term fee.
- Payments of term accounts can be made via cash, cheque or direct deposit.
- No bookings are required for Toddler classes. Payment for class is paid on entry to the lesson.
- Some students may wish to stay in a younger age group or may need to be extended in an older age group.
- All Terms run for 9-10 weeks. Lessons run on public holidays. If a lesson is on a Dance Fit event (concert) this is classified as a lesson.

TERM	DATES	
<b>TERM 1</b>	Monday 13th February 2017 to Thursday 13th April 2017 <i>*Easter – Good Friday 14 April 2017</i>	9 week term (2 week term break)
<b>TERM 2</b>	Monday 1st May 2017 to Saturday 8th July 2017 <i>*Display Day Concert – Saturday 24<sup>th</sup> June 2017</i>	10 week term (2 week term break)
<b>TERM 3</b>	Monday 24th July 2017 to Saturday 30th September 2017	10 week term (2 week term break)
<b>TERM 4</b>	Monday 16th October 2017 to Saturday 16th December 2017 <i>*Celebration Concert – Saturday 25th November 2017</i> <i>*"Believe in You Day" – Sunday 17th December 2017</i>	9 week term (Summer holiday break)

**fun + fitness + dance**

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